



Cavanis Lay Fraternity  
Sacred Heart House, CAVANIS INSTITUTE  
Via Col Draga - Possagno (TV)

# INVISIBLE MONASTERY

07.2026

Dear friends,

This month we pray together in the Invisible Monastery for peace in the world, in our families, and in our hearts.

Perhaps we do not often think that peace is a gift we must ask for, invoke, cherish, and build. Peace is not the opposite of violence, hatred, and indifference – it is the very essence of God, it is the Good News, it is the encounter with Jesus. We must ask for peace because in doing so we ask God to be with us; we must invoke it for our spiritual growth and to nourish our spirit; we must cherish it as a precious treasure and build it through a network of love. Jesus himself built peace in the world by giving himself so that we might have life, reconciling us with the Father. If we have peace in our hearts we will be transformed, because hostility, fears, and mistrust disappear and we become one with Jesus.

Jesus himself, on many occasions, greeted his disciples with the words: “peace be with you,” for after his death on the cross and his Resurrection it was the greatest gift he could give them.

Saint Paul, too, through his Letters to the Ephesians, to the Philippians, and to the Colossians in particular, speaks to us of peace. Let us now meditate on his words in our reflection and prayer.





### **From the Letter of Saint Paul to the Ephesians (2:14-18)**

For he (Jesus) is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. So he came and proclaimed peace to you who were far off and peace to those who were near; for through him both of us have access in one Spirit to the Father.

### **From the Letter of Saint Paul to the Philippians (4:4-7)**

Rejoice in the Lord always; again, I will say, Rejoice.

Let your gentleness be known to everyone. The Lord is near.

Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

These words are one of the most celebrated exhortations of the apostle Paul. Written during his imprisonment, the text invites believers to constant joy, to gentleness, and to replace anxiety with prayer, receiving in return the peace that only the Lord can give.

### **From the Letter of Saint Paul to the Colossians (3:15)**

And let the peace of Christ rule in your hearts, to which indeed you were called in the one body. And be thankful.

The apostle Paul invites believers to make the peace of Christ the inner guide of their community life, reminding us that unity and gratitude are the hallmarks of those who walk in faith.



Let us recite together in our communities:

**Prayer for Peace, by Pope Leo XIV**

**PRAYER OF POPE LEO XIV FOR DISARMAMENT AND PEACE**

Lord of Life,

you shaped every human being in your image and likeness.

We believe you created us for communion, not for war,  
for fraternity, not for destruction.

You who greeted your disciples saying, “Peace be with you,”  
grant us the gift of your peace

and the strength to make it a reality in history.

Today we lift up our prayer for peace in the world,  
asking that nations renounce weapons  
and choose the path of dialogue and diplomacy.

Disarm our hearts of hatred, resentment, and indifference,  
so we may become instruments of reconciliation.

Help us understand that true security does not come from control fueled by  
fear, but from trust, justice, and solidarity among peoples.

Lord, enlighten the leaders of the nations,  
so they may have the courage to abandon projects of death,  
halt the arms race, and place the lives of the most vulnerable at the center.

May the nuclear threat never again dictate the future of humanity.

Holy Spirit, make us faithful and creative builders of daily peace:  
in our hearts, our families, our communities, and our cities.

May every kind word, every gesture of reconciliation,  
and every choice for dialogue be seeds of a new world. Amen.

Venerable Father Anthony and Father Mark Cavanis, pray for us.

Venerable Father Basilio Martinelli, pray for us.

SOLA IN DEO SORS